

PRE & POST TREATMENT INSTRUCTIONS

★ SYLFIRM-X

Sylfirm X is an innovative treatment that combines radiofrequency (RF) energy with microneedling to address various skin concerns.

- The device has eight different modes, so your provider can customize your treatment to target specific skin conditions.
- The treatment is relatively painless (thanks to numbing cream) and comes with minimal downtime.
- It's safe for all skin types and tones.
- Robotic microneedling technology helps ensure that the device's electrodes penetrate skin at optimal depths. The quality of the needles and smooth delivery makes the treatment much more tolerable than similar devices.
- It can treat nearly any body area to treat skin laxity, wrinkling, the appearance of scars, and more.
- The combination of dual wave RF microneedling and exosome therapy offers a more comfortable, quick recovery than previous RF microneedling treatments.

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★ BENEFITS

- Targets melasma and post-inflammatory hyperpigmentation (PIH). It helps even out skin tone by reducing excess pigmentation.
- If you struggle with redness or rosacea. It calms inflammation and promotes healthier skin.
- Tightens the skin, making pores appear smaller and refining overall texture.
- The treatment stimulates collagen production, leading to firmer, more lifted skin.

PRE-PROCEDURE

- Clients with a lidocaine allergy, infectious disease, history of keloid scarring, active cold sores, any kind of connective tissue disease/condition that affects wound healing, who are immunocompromised, or currently taking a steroid medication should not receive these treatments until their condition has changed.
- These laser treatments can not be performed on clients who are pregnant, breastfeeding, or trying to conceive.
- To receive these treatments you must be off of Accutane for at least six months.
- Avoid sun exposure the week prior to your treatment.
- Avoid retinoids/acids/exfoliation the week prior to your treatment.
- Arrive at your appointment free of any makeup on the desired treatment area.

POST-PROCEDURE

- The great thing about Fraxel Laser treatments is that there is little to no down time! However, immediately after treatment you will likely feel warmth in the skin, and you may appear red and/or slightly swollen. Swelling (especially under the eyes) is typical even the following day. You can minimize swelling by using cold compresses or by fanning the area.
- Please try to avoid sun exposure for at least a week after the treatment.
- Be sure to avoid picking/peeling/exfoliating your skin during this time.
- You may notice tiny pinpoint scabs, or an overall look of being "tan". Be gentle with your skin for the initial days following your treatment. Skincare should consist of a gentle cleanser, moisturizer, and SPF, unless otherwise indicated by your esthetician.
- Makeup may be worn the next day.
 Your skin will start to dry and may even feel rough/scratchy like sandpaper within the first week after your treatment. Any pigment/dried areas should begin sloughing off on their own within 3-5 days.
- Book your next treatment for 2-4 weeks out, or as indicated by your esthetician.

