# DVIDA·SPA





### PRE & POST TREATMENT INSTRUCTIONS

### **\* MOXI SKIN RESURFACING**

MOXI is a state-of-the-art las treatment that gently lightens, brightens, and refreshes the skin with minimal downtime, it was specifically designed for younger patients and targeted toward preventative anti-aging measures.

MOXI Fraxel Laser is a preventative 'Prejuvenation' skin care treatment that was "created out of a clear and indisputable demand". MOXI delivers non-ablative laser energy comfortably for all ages and skin types, in every season. MOXI was recognized as the Best Professional Resurfacing Treatment by the Good Housekeeping Beauty Awards – one of the many reasons why here at Dvida Spa wanted to provide this innovative treatment to our patients.

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#### \* BENEFITS

The Moxi laser device delivers micro coagulation zones, targeting pigment by creating tiny perforations in the superficial top layer of the skin, which signals the dermal repair process. The appearance of brown and red spots that are caused by sun damage or aging and revitalizing the texture and tone of the skin are thus reduced over time after these treatments.

Due to its wavelength, this laser is one of the gentlest fractional laser treatments on the market, requiring only 12-15 minutes to perform and zero downtime. Moxi has a greater range of customization than other devices, and is often combined with other modalities such as the Broad Band Light (BBL) treatments

### PRE-PROCEDURE

- Clients with a lidocaine allergy, infectious disease, history of keloid scarring, active cold sores, any kind of connective tissue disease/condition that affects wound healing, who are immunocompromised, or currently taking a steroid medication should not receive these treatments until their condition has changed.
- These laser treatments can not be performed on clients who are pregnant, breastfeeding, or trying to conceive.
- To receive these treatments you must be off of Accutane for at least six months.
- Avoid sun exposure the week prior to your treatment.
- Avoid retinoids/acids/exfoliation the week prior to your treatment.
- Arrive at your appointment free of any makeup on the desired treatment area



## POST-PROCEDURE

- The great thing about Fraxel Laser treatments is that there is little to no down time! However, immediately after treatment you will likely feel warmth in the skin, and you may appear red and/or slightly swollen. Swelling (especially under the eyes) is typical even the following day. You can minimize swelling by using cold compresses or by fanning the area.
- Please try to avoid sun exposure for at least a week after treatment.
- Be sure to avoid picking/peeling/exfoliating your skin during this time.
- You may notice tiny pinpoint scabs, or an overall look of being "tan". Be gentle with your skin for the initial days following your treatment. Skincare should consist of a gentle cleanser, moisturizer, and SPF, unless otherwise indicated by your esthetician.
- Makeup may be worn the next day. Your skin will start to dry and may even feel rough/scratchy like sandpaper within the first week after your treatment. Any pigment/dried areas should begin sloughing off on their own within 3-5 days.
- Book your next treatment for 2-4 weeks out, or as indicated by your aesthetician.