

Pre and post care for VI Peel:

Before your peel:

1. Discontinue all retinol/retinoids, exfoliants, and topical prescriptions 7 days prior to your treatment.
2. No sun exposure for at least 14 days prior to treatment.
3. Please note: This treatment cannot be performed on pregnant or nursing patients.

After your peel:

1. Make sure you've downloaded the VI app and entered your information including the kind of peel you received and the time it was applied to your skin.
2. No heating your skin (No working out, no saunas/steam, no hot showers, etc.)
3. No sun exposure for at least 2 weeks after treatment. Wear SPF 50 or higher at all times throughout the day.
4. 4-6 hours after your peel, you'll use your first VI post treatment wipe, then after another two hours, you'll follow the instructions for your nighttime routine (either on the app or in your included home care kit)
5. You will start to peel in about two or three days. It is very important that you do not peel or pick your skin during the peeling process as irritating your freshly peeled skin can lead to scarring, hyperpigmentation, or other skin damage.
6. Avoid any retinoids, exfoliants, scrubs, acids, benzoyl peroxide, or cleansing brushes for at least 5 days after your peel.
7. Use only the included VI skincare for the first week following your peel.
8. Avoid wearing face makeup for at least 7 days post-peel.
9. You may wax or tweeze unwanted hair as usual after 2 weeks.
10. Book your next treatment for the following month, or as recommended by your esthetician.