## Pre and post care for Laser Genesis

## **Laser Genesis Pre-Treatment:**

Before your Laser Genesis treatment, it's important to avoid sun exposure, tanning beds, and any sunless tanning products for at least 2 weeks. Discontinue any retinoids or exfoliating skincare products 3-5 days prior to your session. Avoid waxing or chemical peels on the treatment area for one week beforehand. Cleanse your skin thoroughly, and do not apply makeup or lotions on the day of the treatment. Laser Genesis is a non-invasive treatment, so there is no need for anesthesia, and you can expect a warm, comfortable sensation during the procedure.

## **Laser Genesis Post-Treatment:**

After your Laser Genesis treatment, your skin may appear slightly red, but this will fade within a few hours. Avoid direct sun exposure and always wear sunscreen (SPF 30 or higher) to protect your skin. You should also avoid using any harsh skincare products, like retinoids or exfoliants, for 3-5 days after treatment. Keep your skin hydrated, and you can return to your normal routine immediately since there's no downtime. Results are gradual, and for best results, multiple treatments are recommended.